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I am just looking for some advice on the Can Fit Pro PTS exam on both the written and the exam such as what what are the biggest

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things on the test that I should focus my studying on and also just really what the practical really consists of. (Also if anyone knows where I could find a practice exam somewhat similar to help me study for the exam would be great)

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To actually answer the question, (Which has nothing to do with how valuable or unvaluable a CanFitPro Certification may be)... Yes you can challenge the course and just take the exam. You can do this by simply registering for an exam and showing up to write it.

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