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Christmas dinner with all the trimmings, a New Year's brunch or a frightful feast for Halloween: whatever the occasion, you will find something special to share with the ones you love. Recipes include holiday turkey mole enchiladas, wintry sausage casserole, a seasonal clambake and dense chocolate holiday cake.

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Christmas dinner with all the trimmings, a New Year's brunch or a frightful feast for Halloween: whatever the occasion, you will find something special to share with the ones you love. Recipes include holiday turkey mole enchiladas, wintry sausage casserole, a seasonal

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clambake and dense chocolate holiday cake.

No one loves a get-together more than Gizzi, so in her latest book she shows you how to create delicious, crowd-pleasing fare for every occasion. Christmas dinner with all the trimmings, a New Year's brunch or a frightful feast for Halloween: whatever the occasion, you will find something special to share with the ones you love. Recipes include Boxing Day turkey mole enchiladas, Bonfire night sausage casserole, Thanksgiving clambake and Dense chocolate Christmas cake. Praise for the bestselling Gizzi's Healthy Appetite: 'A great collection of food you'll really want to eat' - Tom Kerridge 'The Korean fried chicken is our go-to indulgence... there's no excuse for such dishes not to feature regularly in your midweek menu' - Stylist 'A seriously smart foodie authority' - GQ

Gizzi Erskine's magic touch is simple but effective. Instead of just dazzling one-off recipes, Gizzi gives you - the cook - confidence in the kitchen by helping you create the perfect meal every time. She'll provide you with techniques and tips that make time spent in the kitchen a real success. From showing you how to master pasta dough and mix marvellous marinades, to making foolproof pastry and poaching the perfect eggs, Gizzi will ensure that cookery demons are a thing of the past. As well as these techniques, Gizzi also adds an extra sparkle to some classic recipes. Whether it's sprinkling some rosemary into your millionaire's shortbread, infusing your chocolate fudge cake with Earl Grey, or combining old favourites in new ways - such as Mexican chicken tortilla soup - Gizzi's Kitchen Magic guarantees you'll soon be cooking with flair.

'A great collection of food you'll really want to eat.' - Tom Kerridge 'Simple tweaks that will make your food more delicious and nutritious' - Independent on Sunday 'The Korean fried chicken is our go-to indulgence... there's no excuse for such dishes not to feature regularly in your midweek menu.' - Stylist 'A seriously smart foodie authority.' - GQ 'Here I am. I want to start a new food revolution; one where people have a better understanding of nutrition but don't forget that eating should be enjoyable!' - Gizzi Erskine believes that the key to healthy eating is to cook fresh food using good ingredients. Her ethos is to love food in all its guises and to try new things as much as possible. Gizzi's Healthy Appetite is a collection of over 100 of her favourite recipes - all with a Gizzi twist. Among the array of incredible dishes, insanely good flavours and palate-pleasing textures to choose from are the crunchy Marinated Griddled Whole Chicken Caesar salad, spicy Green Chilli Pork, oozing Roasted Baby Cauliflower with Cheese Sauce & Crispy Shallots, fresh Tuna Tataki with Yuzu and the ultimate Korean BBQ. And, for a sweet treat, who could resist warm Molten Caramel & Chocolate Pudding, soothing White Chocolate & Cherry Clafoutis or the fragrant Maple, Orange & Rosemary Tart? These are dishes that anyone with a healthy

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appetite will relish.

'A warming cosy treasure trove of a book' Nigella Lawson 'A sumptuous volume of recipes that urges you to linger in the kitchen.' The Telegraph Food worth taking time over

'An engaged and encouraging invitation to think differently and eat wonderfully' Nigella Lawson 'Gizzi's recipes are creative, seriously satisfying and packed full of flavour.' BBC Good Food Over 100 recipes for real good food - that just happens to be good for you, and the planet. This book is full of practical steps and advice that can help push you towards living and eating more sustainably. Gizzi wants to investigate the real carbon footprint of food and look at the reality of what we need to support our environment, our agricultural industry and bodies. She uses this information to create accessible and attainable recipes for readers. Using the principles of eating seasonally, less meat and more plants, eating root-to-shoot or nose-to-tail, and using clever techniques to maximise flavour, Gizzi will give us recipes that don't compromise on flavour or satisfaction, but which are better for us, and the planet. Thoughtful, insightful, but above all a delicious collection of recipes that show how good food doesn't have to cost the earth. This is very much a handbook on how to shop, eat and cook, full of recipes that are a celebration of life.

A revelatory new healthy eating book of two halves from bestselling author Gizzi Erskine, *Skinny Weeks* and *Weekend Feasts* will leave you amazed at what you can eat, rather than being disappointed by what you can't! Part One, *Skinny Weeks*, gives you a delicious, easy-to-stick-to recipe plan for 6 days of the week, perfect for a 1 - 2lb weight loss per week. Mouthwatering dishes such as Blackened Mackerel with Roast Tomatoes and Kaffir Lime Leaves, Korean Beef and Glass Noodles and Pancetta and Chilli Baked Beans on Sourdough demonstrate that healthy food needn't be boring or mean sacrificing bold, exciting flavours. In *Weekend Feasts*, Gizzi shows you how to let your hair down and treat yourself to the food you love to eat. Choose from a Friday night feast, a long leisurely brunch, a proper Sunday lunch or an indulgent afternoon tea and enjoy some truly decadent food, safe in the knowledge that you've earned it. Throughout, Gizzi reveals the secrets of eating the right way day in, day out - demonstrating how a bit of forethought and preparation can go a long way towards eating healthily and enjoying astonishingly satisfying, flavoursome food with just a fraction of the expected calories. Sensible, achievable and utterly delicious, *Skinny Weeks* and *Weekend Feasts* will show you how to have your cake and eat it...

Junior Doctor, personal trainer and Instagram hit Dr Hazel Wallace's first book brings you over 70 nutritional recipes to look and feel amazing whilst debunking the diet myths. 'I'm a girl who juggles two jobs, who loves to lift, who adores real food - and can't resist chocolate. As a junior doctor and a personal trainer, I know that we

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all feel our best when we are free of illness, full of energy and at a healthy weight - and I know it can be done, even if you lead the busiest of lives! I want to debunk the myths that are out there surrounding dieting and instead offer solid, evidence-based advice. I want to bridge the gap between mainstream medicine and nutrition and help you take full control of your fitness and wellbeing, so you will never have to diet again. I want to show you that eating the most natural, unrefined and unprocessed wholefood ingredients can be enjoyable, uncomplicated and easy to incorporate into a busy lifestyle. I want this book to change your life.' Hazel x

Capturing the magic and finest festive traditions of Fortnum & Mason, Christmas and Other Winter Feasts gathers together everything you need to enjoy a truly delicious winter.

With great recipes for meats, sauces and rubs mixed with ideas for pickles, slaws, puddings and cocktails, plus features on meats, equipment and methods, the Pitt Cue Co. Cookbook is your guide to enjoying the best hot, smoky, sticky, spicy grub all year round. From Pitt Cue's legendary Pickle backs and bourbon cocktails, to their acclaimed Pulled pork shoulder; Burnt ends mash; Smoked ox cheek toasts with pickled walnuts; Lamb rib with molasses mop and onion salad; Chipotle & confit garlic slaw; Crispy pickled shiitake mushrooms; Toffee apple grunt; Sticky bourbon & cola pudding and so much more, it's all irresistibly delicious food to savour and share.

The long-awaited cookbook from an iconic New York restaurant, revealing never-before-published recipes Since its humble opening in 2005, Xi'an Famous Foods has expanded from one stall in Flushing to 14 locations in Manhattan, Brooklyn, and Queens. CEO Jason Wang divulges the untold story of how this empire came to be, alongside the never-before-published recipes that helped create this New York City icon. From heavenly ribbons of liang pi doused in a bright vinegar sauce to bread filled with caramelized pork to cumin lamb over hand-pulled Biang Biang noodles, this cookbook helps home cooks make the dishes that fans of Xi'an Famous Foods line up for while also exploring the vibrant cuisine and culture of Xi'an. Transporting readers to the streets of Xi'an and the kitchens of New York's Chinatown, Xi'an Famous Foods is the cookbook that fans of Xi'an Famous Foods have been waiting for.

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