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With 20 brand new recipes as well as 80 favorites, this revered cook covers not only Asian stir fries but non-Asian dishes as well, like stir-fry spaghetti carbonara. Ken Hom ' s Top 100 Stir Fry Recipes is arranged by chapters that include Chicken, Fish and Seafood, Beef, Pork, and Vegetarian, and there are also helpful sections on techniques for preparation and cooking as well as recommendations for oils and sauces. As one of the world ' s top authorities on wok-cooking, Ken Hom shows that ...

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Ken Hom brings us 100 inspired recipes for stir fries which are easy-to-follow, delicious dishes designed to appeal to all palates. With 20 new recipes and 80 favourites from his collection, Ken not only covers oriental stir fries but includes non-Asian dishes as well, such as stir-fried fusilli alla carbonara.

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Ken Hom's Top 100 Stir Fry Recipes - The Happy Foodie

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Ken Hom's Top 100 Stir Fry Recipes - Ken Hom (Hardcover ...

With 100 of Ken Hom's easy recipes for mouth-watering, healthy stir fries, this is the perfect cookery book for anyone with a wok. Ken Hom brings us 100 inspired recipes for stir fries

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Ken Hom's Top 100 Stir Fry Recipes: Quick and Easy Dishes for Every Occasion (BBC Books' Quick & Easy Cookery) by Hom, Ken. BBC Books. Used - Good. Shows some signs of wear, and may have some markings on the inside....

Ken Hom brings us 100 inspired recipes for stir fries which are easy-to-follow, delicious dishes designed to appeal to all palates. With 20 new recipes and 80 favourites from his collection, Ken not only covers oriental stir fries but includes non-Asian dishes as well, such as stir-fried fusilli alla carbonara. The cookbook is divided into chapters on chicken, fish and seafood, beef, pork and vegetable dishes. There are also sections on techniques for chopping and frying, how to use a wok and recommendations for oils and sauces. Stir frying is regarded as a healthy and popular cooking method and all grocers sell ready-prepared stir-fry vegetables. As one of the world's greatest authorities on cooking with a wok, Ken shows us that the versatility and convenience of stir frying never compromises the flavour.

From light veggie meals to spicy beef or seafood, something for every occasion Offering a broad range of recipes including curries and salads, modern and traditional, plus appetizers, snacks, and side dishes, this book offers an amazing selection of taste, ingredients, and style, all made in the wok. Recipes include Savory Beef with Asparagus, Rainbow Vegetables, Ginger and Garlic Carrots, and Sweetcorn and Crab Soup. Includes dual measurements.

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Ken Hom is widely regarded as the world's leading authority on Oriental cuisine, and with the Complete Chinese Cookbook, he has created a seminal collection of his best-loved dishes. With Cantonese stir-fries and spicy Sichuan favourites alongside new discoveries from the lesser-known culinary styles of Yunnan and Hong Kong, this comprehensive collection is filled with accessible and easy recipes, demonstrating the amazing depth of flavour that is only now being fully appreciated in modern Chinese cuisine. Set to become a kitchen classic, this all-encompassing cookery book guides you through the essential cooking techniques, equipment and ingredients, all with Ken's trusted blend of experience and enthusiasm. Featuring 250 recipes covering all aspects of Chinese food, Ken offers tips and inspiration for a wealth of dishes that use simple, healthy ingredients to create quick and delicious meals. Over the past 25 years Ken has brought Chinese cookery into mainstream British homes, and in this beautifully photographed cookbook, he brings

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together all of his expertise to offer the ultimate guide to the flavours of China.

As a boy, Ken Hom lived hand-to-mouth in the slums of Chicago's Chinatown. Today, he is one of the most celebrated TV chefs of all time, the man who showed the British how to cook Asian food and introduced the nation to the wok. This is the story of that remarkable journey. Aged just eight months when his father died, Ken was raised by his mother in an atmosphere of punishing poverty. But no matter how little they had, they ate well. Life would change when, at the age of eleven, Ken landed a job in his uncle's Chinese restaurant. From these humble beginnings, he travelled the globe and went on to become one of the world's greatest authorities on Asian food. His wildly popular books have inspired millions of home cooks, and he paved the way for a generation of celebrity chefs. High-spirited and frequently funny, *My Stir-Fried Life* is the epicurean's epic - a gastronomic narrative that lifts the spirits, tantalises the taste buds and feeds the soul of anyone and everyone who loves cooking, from the keen novice to the accomplished connoisseur.

Provides recipes for appetizers, main dishes, and desserts that can be prepared in minutes, and includes shopping lists and menu suggestions

Chinese food is popular the world over. In Ken Hom's *Simple Chinese Cookery* (formerly called *Foolproof Chinese Cookery*), available in paperback as well as hardback, Ken proves

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that anyone can cook this healthy and delicious cuisine. Ken demonstrates 40 of the most popular and well-known Chinese dishes with step-by-step instructions and photographs to accompany every stage from start to finish. The recipes (including soups and starters, fish and shellfish, meat and poultry and vegetable accompaniments) are not only quick and easy to prepare but are also convenient as they use readily available ingredients. The cookbook also features a special menu section so that you can plan your perfect meal. From simple Green Chicken Curry to the more elaborate Whole Fish in Coconut Milk, Ken's easy recipes have foolproof instructions that will guarantee even the novice cook excellent results every time.

Exploring China: A Culinary Adventure is the delightful companion book to the BBC TV Show featuring their culinary adventure across China Two of the most highly respected authorities on Chinese and Oriental cooking today, Ken Hom and Ching-He Huang, come together in this exciting cookbook and is the result of their journey through China on a culinary and cultural odyssey to find the old, the new and the unexpected as shown in the BBC TV show. They tell the story of China, both old and new, through food. Each recipe in the book features a back story from Ken and Ching so you can learn the secret stories behind all your old favourite recipes and be inspired to find new ones. They cook with local families, en route to discover the influence of Buddhism on vegetarian food and whether the Chinese did actually invent tortellini in remote Kashgar before travelling to Sichuan Province, China's gastronomic capital. Ken is the old-hand who brought the wok to the West and Ching-He is the energetic newcomer. Together they uncover the secrets of Old China and the techniques

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of the new, fusing them together to create a unique and authoritative perspective on Chinese food that will surprise and inform.

Provides recipes for the foods the author grew up with, such as almond chicken, hot bean sauce noodles, Cantonese-style steamed eggplant, and wonton soup

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