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e. cross-contamination and food-borne illness. f. body composition and heredity. a. anorexia nervosa is starving yourself and bulimia nervosa is bingeing following by a purge. b. hunger is when your body lacks food and appetite is when your body is fine but you want to eat anyways.

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Chapter 8 Lifetime Health. Hunger. Appetite. basal metabolic rate (BMR) Overweight. the body's physical response to the need for food. a desire to eat certain types of foods. rate at which your body uses energy to stay alive when you are.... a person who is heavy for his or her weight.

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