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Success has been an experience.
The book has a conversational

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and informal tone that makes it quite entertaining to read (though this can sometimes make it drag in parts), while imparting the necessary facts and knowledge to back up the claims of the authors' anecdotes. One personal point to note: McNab uses experiences

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from his actual SAS training and service throughout the book, and on more than one occasion references being stationed in my country.

Review: The Good Psychopath's Guide To

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Ms Nora Schütte, the study's first author, said that primary psychopaths are marked out by the trait of 'fearless dominance': "People with this character trait want to get their way, have no fear of the consequences of their

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actions, and can withstand stress very well.

How To Spot The 'Good' Type of Psychopath - PsyBlog

The Good Psychopath's Guide to Success is a self-help book co-authored by the British authors

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Dr. Kevin Dutton and Andy McNab. The book's premise is that certain traits found in psychopaths can be helpful to someone's personal life. The book describes these traits and tries to explain to the reader how they can be applied to day-to-day life.

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McNab is a diagnosed psychopath but he is a GOOD PSYCHOPATH. Unlike a BAD PSYCHOPATH, he is able to dial up or down qualities such as ruthlessness,

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fearlessness, conscience and empathy to get the very best out of himself – and others – in a wide range of situations.

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can be? Professor Kevin Dutton has spent a lifetime studying psychopaths. He first met SAS hero Andy McNab during a research project. What he found surprised him. McNab is a diagnosed psychopath but he is a GOOD PSYCHOPATH. Unlike a

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BAD PSYCHOPATH, he is able to dial up or down qualities such as ruthlessness, fearlessness, conscience and empathy to get the very best out of himself -- and others -- in a wide range of situations. Drawing on the combination of Andy McNab's wild

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What is a good psychopath? And how can thinking like one help you to be the best that you can be? Professor Kevin Dutton has spent a lifetime studying psychopaths. He first met SAS

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hero Andy McNab during a research project. What he found surprised him. McNab is a diagnosed psychopath but he is a GOOD PSYCHOPATH. Unlike a BAD PSYCHOPATH, he is able to dial up or down qualities such as ruthlessness, fearlessness,

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conscience and empathy to get the very best out of himself – and others – in a wide range of situations. Drawing on the combination of Andy McNab's wild and various experiences and Professor Kevin Dutton's expertise in analysing them,

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Together they have explored the ways in which a good psychopath thinks differently and what that could mean for you. What do you really want from life, and how can you develop and use qualities such as charm, coolness under pressure, self-confidence and

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Psychopath. The word conjurs up images of serial killers, rapists, suicide bombers, gangsters. But think again: you could probably benefit from being a little more psychopathic yourself.

Psychologist Kevin Dutton has

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made a speciality of psychopathy, and is on first-name terms with many notorious killers. But unlike those incarcerated psychopaths, and all those depicted in movies and crime fiction, most are not violent, he explains. In fact, says Prof Dutton, they have a lot of

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appearances a normal guy. A successful neuroscientist and professor, he'd been raised in a loving family, married his high school sweetheart, and had three kids and lots of friends. Then he learned a shocking truth that would not only disrupt his

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personal and professional life, but would lead him to question the very nature of his own identity.

While researching serial killers, he uncovered a pattern in their brain scans that helped explain their cold and violent behavior.

Astonishingly, his own scan

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matched that pattern. And a few months later he learned that he was descended from a long line of murderers. Fallon set out to reconcile the truth about his own brain with everything he knew as a scientist about the mind, behavior, and personality.

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Winston Churchill - via the grandmasters of martial arts, Buddhist monks, magicians, advertisers, salesmen, CEOs and frogs that mug each other - Kevin Dutton's brilliantly original and revelatory book explores what cutting-edge science can teach us

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types, helping readers identify their own weaknesses and be proactive about protecting themselves. Erikson outlines some of the most common forms of manipulation used by psychopaths—and others—to influence those around them.

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Since manipulation can often be a feature of ordinary, non-psychopathic relationships, the book also includes practical methods and techniques to help readers confront controlling people and rehabilitate negative relationships into mutually

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a new classic and a book that takes us back to where it all began... SEVEN TROOP is Andy McNab's gripping account of the time he served in the company of a remarkable band of brothers - from the day, freshly badged, he joined them in the Malayan

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Jungle, to the day, ten years later, when he handed in his sand-coloured beret and started a new life. The things they saw and did during that time would take them all to breaking point – and some beyond – in the years that followed. He who dares doesn't

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