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Key Lessons from "The Wisdom of Insecurity"

1. Everything Is Allowed in a Godless World (But That's Not a Good Thing)
2. Don't Take Photos of Your Meals - Eat Them (If You Want To)
3. There Is Such Thing as a Gut Feeling (Follow It)

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Wisdom of Insecurity, as I understand it, can be summarized as such:
Human beings in general, but particularly in our modern age, live in a near-constant state of dissatisfaction and... This state comes about because we crave security, despite that this is both ...

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all unless you are in full contact with the reality of the present, since it is in the present and only in the present that you live. There is no other reality than present reality, so that, even if one were to live for endless ages, to live for the future would be to miss the point everlastingly.□.

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