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Psychodynamic explanations for OCD PROFESSIONALS— CBT
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Approach (PART 1) Integrating ERP and ACT for OCD Married
to Obsessive Compulsive Disorder The 4 Schools of Psychotherapy:
Psychodynamic, CBT, Humanistic, Systemic (Introduction)
Psychodynamic Theories

OCD and Trauma: Dr. Dean McKay and Lewis Leone

What is Obsessive-Compulsive Personality Disorder? |
Comprehensive Review

25 Tips for Succeeding in Your OCD Treatment One Case, Two
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Formulations: Psychodynamic and CBT Perspectives OCD? What
You Need To Know | The Speakmans 16-year-old teen with OCD
~~creates book to help others with disorder~~

Five Rules to Beat OCD Strategic Exposure Therapy for OCD
\u0026 Anxiety | #PaigePradko, #ExposureTherapy,
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| Obsessive
Compulsive Disorder OCD Treatment Tips \u0026 Help OCD3:

What is Contamination OCD? Recognizing OCD OCD3: What is
Relationship OCD (ROCD)? _____

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~~COMPULSIVE DISORDER~~ Obsessive-compulsive disorder:
~~Through my eyes~~ Lunch and Learn with Liz: OCD and
Anger/Rage

What is OCD? with Dr Maxine King - Harley Therapy

Brain and Behavior Based Strategies in the Treatment of OCD

~~Responsibility OCD | What It Looks Like and How To Treat It~~

~~Obsessive Compulsive Disorder (OCD) Quick Guide on~~

~~Neurobiology, Diagnosis and Management~~ The Search for Novel

Treatment Targets for Obsessive Compulsive Disorder Anxiety and

OCD Quick Guide 17: What Makes OCD Better? Toward

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Abstract In the past 10 to 15 years, advances in

psychopharmacology and research on the neurobiological basis of

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obsessive-compulsive disorder (OCD) have led to the currently predominant biological model of OCD. Nevertheless, the centrality of complex ideation in OCD supports the

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DOI: 10.1093/med/9780190228163.003.0007. A psychodynamic perspective attempts to understand the symptoms of obsessive-compulsive disorder (OCD) and obsessive-compulsive personality disorder (OCPD) in terms of excessive, maladaptive efforts to cope with perceived dangers posed by aggressive or sexual impulses and in terms of distorted information processing and rigid cognitive styles that are intolerant of ambiguity.

Psychodynamic Perspectives on OCD - Oxford Medicine

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Firstly, some of the psychodynamic accounts of OCD that have been offered will be briefly outlined, the emphasis being on exposition rather than criticism. Following this, a single case discussion presented by Malan (1979) will be critically discussed at some length, along with some of Malan's comments concerning psychodynamic theory and therapy.

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Psychodynamic approaches to OCD (Chapter 5) - Theoretical ...

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Toward Integration on OCD Vol. 71, No. 4 (Fall 2007) 293

Traditional psychoanalytic theories assume that this basic ambivalence conflict concerning aggression towards the father and later other significant others, may explain the complex symptoms and character features of OCD patients.

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obsession - Kempke and Luyten Toward Integration on OCD ...

Recent research on anxiety disorders, however, suggests that manual guided short term psychodynamic therapy (STPP) may be a promising approach 4. Building on STPP for anxiety disorders, a model of STPP for OCD was developed which is based on Luborsky's supportive expressive therapy 5. The treatment consists of twelve modules which include both the characteristic elements of supportive expressive therapy (i.e., focus on the core conflictual relationship theme, CCRT, and on the helping ...

Psychodynamic therapy of obsessive compulsive disorder ...

Kempke, Stefan; Luyten, Patrick 2007-10-01 00:00:00 Kempke and Luyten Toward Integration on OCD Stefan Kempke, MA Patrick Luyten, PhD This paper provides an overview of the growing

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convergence among psychodynamic and cognitivebehavioral approaches of ObsessiveCompulsive Disorder (OCD). From a traditional psychoanalytic point of view, OCD is mainly conceptualized in terms of a constant conflict between feelings of love and hate.

Psychodynamic and cognitive – behavioral approaches of ...
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Psychodynamic interventions may be considered for two subgroups of patients: those with late-onset OCD that coincides with interpersonal stressors, and those having borderline personality disorder,...

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Toward Integration On Ocd Psychodynamic A psychodynamic perspective attempts to understand the symptoms of obsessive-compulsive disorder (OCD) and obsessive-compulsive personality disorder (OCPD) in terms of excessive, maladaptive efforts to cope with perceived dangers posed by aggressive or sexual impulses and in terms of distorted

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Toward Integration On Ocd Psychodynamic A psychodynamic perspective attempts to understand the symptoms of obsessive-

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compulsive disorder (OCD) and obsessive-compulsive personality disorder (OCPD) in terms of excessive, maladaptive efforts to cope with perceived dangers posed by aggressive or sexual impulses and in

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Lewis (1936) examined patients with OCD and found that 37% of the patients with OCD had parents with the disorder and 21% had siblings who suffered. Research from family studies, like Lewis, provide support for a genetic explanation to OCD, although it does not rule out other (environmental) factors playing a role.

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This new edition continues its tradition as the most readable, scholarly, and practical introduction to psychodynamic theory and practice available. This invaluable "one-stop" reference will prepare you to teach students and treat patients more effectively with its truly integrative psychodynamic approach.

Bringing together important articles from Psychodynamic Psychiatry, this volume shows how contemporary practitioners are using a multidimensional biopsychosocial approach to increase the robustness of clinical research and the effectiveness of patient care. Chapters review cutting-edge approaches to formulating anxiety and mood disorders, eating disorders, traumatic grief, substance use and addictive behaviors, obsessive – compulsive disorder, personality disorders, schizophrenia, somatic symptom disorders,

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and trauma and stressor-related disorders. Treatment of specific populations is addressed, including infants and parents, children, spouses of the chronically ill, survivors of intimate partner violence, criminal offenders, and the elderly. Featuring rich case illustrations, the book integrates psychoanalytic concepts with advances in knowledge about neuroscience, gene – environment interactions, and the physiological impact of adversity.

The Mount Sinai Expert Guides, published by Wiley and endorsed by Mount Sinai School of Medicine in New York, provide rapid access, point-of-care clinical information on the most common diseases in a range of different therapeutic areas. Each title focuses on a different speciality and emphasis throughout is on providing rapid-access, clear clinical guidance to aid physicians with point-of-

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care management of their patients. Each title is edited by a renowned specialist from Mount Sinai, normally the Chair of the department, who is responsible for recruiting key faculty members to author the chapters. A chapter template has been developed to which each chapter author must adhere, so as to ensure complete consistency across all the chapters in each book and also across every book in the series. Accompanying each book is a companion website containing accessory materials such as case studies, video clips, MCQs, patient advice and PQRI/ICD codes. Mount Sinai Expert Guides: Psychiatry will provide specialist trainees and recently qualified specialists in psychiatry with an extremely clinical, affordable and accessible handbook covering the specialty. It will be used as both a point-of-care resource in the hospital and clinical setting, and also as a refresher guide during preparation for board

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exams and re-certification. Focused on providing 100% clinical guidance on the most common conditions that psychologists encounter, it will present the very best in expert information in an attractive, easy to navigate informative and well-structured manner, with features such as key points, potential pitfalls, management algorithms, and national/international guidelines on treatment.

Designed for clinicians at every level, The American Psychiatric Association Publishing Textbook of Anxiety, Trauma, and OCD-Related Disorders addresses the origin, assessment, diagnosis, and treatment of these disorders in a comprehensive, up-to-date, and compelling manner. Fresh voices are everywhere in this authoritative revision of the classic text, as more than 60% of the contributors are new. They join stalwarts from the previous edition

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-- experts who bring stellar credentials and a discerning eye to the task of revising the text to reflect cutting-edge scholarship and evidence-based clinical knowledge. Following a comprehensive overview of core principles, the book provides detailed coverage of specific DSM-5 diagnoses: generalized anxiety disorder, obsessive-compulsive and related disorders, panic disorder and agoraphobia, social anxiety disorder, specific phobia, and trauma- and stressor-related disorders. Each section presents the latest thinking on phenomenology and pathogenesis, then provides evidence-based clinical recommendations for pharmacotherapy and psychotherapy. New and noteworthy material includes the following: Two new chapters focus on the features, phenomenology, and course of acute and integrated grief, as well as the epidemiology, clinical features, evaluation, and pathophysiology of complicated grief (CG), which

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affects a significant minority. Proper treatment of CG is critical, because once it persists beyond 6 months, impairment may last for years, if not a lifetime. Accordingly, a separate chapter is devoted to treatment options, including a hybrid of cognitive-behavioral, interpersonal, motivational interviewing, and psychodynamic methods. The Unified Protocol (UP) for Transdiagnostic Treatment of Emotional Disorders is examined in a fascinating new chapter. The UP is a promising treatment with empirical support for reduction of both symptoms and higher-order temperamental changes, such as changes in neuroticism, an underlying mechanism associated with onset and maintenance of emotional disorders. The chapter on anxiety disorders in late life is completely new and emphasizes the prevalence of anxiety in this population and its likelihood of remaining undetected and untreated. The

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epidemiology, diagnosis, and treatment of these disorders are examined in detail so that the reader will recognize the clinical features, be able to differentiate them from depression, and can identify appropriate treatment, whether pharmacological or psychotherapeutic. Each chapter features a concise list of key clinical points to help the reader focus on the most important material for study, as well as a list of recommended reading for those who wish to learn more. Grounded in the latest research, clinically rich, and pedagogically strong, The American Psychiatric Association Publishing Textbook of Anxiety, Trauma, and OCD-Related Disorders is the go-to text for mental health clinicians looking for evidence-based knowledge and support.

This text provides integrated and unified treatment frameworks for

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anxiety disorders and examines how contemporary integrated psychotherapy treatment models from different therapeutic interventions can be used to help patients. Dr. Koenigsberg provides a research-based overview of major themes that underlie these treatment models, then analyzes the symptoms and causes of specific anxiety disorders such as panic disorder, social anxiety disorder, and phobias, as well as obsessive-compulsive disorder, and posttraumatic stress disorder. Case studies of integrated or unified treatment approaches are provided for each disorder, along with the theoretical and technical factors that are involved in applying these approaches in clinical practice. Supplementary online materials include PowerPoint slides and test questions to help readers further expand their understanding of integrated and unified approaches for the anxiety disorders and assess their newfound knowledge.

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Graduate and undergraduate students, novice and seasoned therapists, and researchers will learn the rationale for and the history of past and contemporary integrated and unified models of treatment to gain better insight into anxiety disorders.

Now completely revised (over 90% new), this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories. Explicitly oriented toward case formulation and treatment planning, PDM-2 offers practitioners an empirically based, clinically useful alternative or supplement to DSM and ICD categorical diagnoses. Leading international authorities systematically address personality functioning and psychological problems of infancy, childhood, adolescence, adulthood, and old age, including clear conceptualizations and illustrative case examples. Purchasers get

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access to a companion website where they can find additional case illustrations and download and print five reproducible PDM-derived rating scales in a convenient 8 1/2" x 11" size. New to This Edition *Significant revisions to all chapters, reflecting a decade of clinical, empirical, and methodological advances. *Chapter with extended case illustrations, including complete PDM profiles.

*Separate section on older adults (the first classification system with a geriatric section). *Extensive treatment of psychotic conditions and the psychotic level of personality organization. *Greater attention to issues of culture and diversity, and to both the clinician's and patient's subjectivity. *Chapter on recommended assessment instruments, plus reproducible/downloadable diagnostic tools. *In-depth comparisons to DSM-5 and ICD-10-CM throughout. Sponsoring associations include the International Psychoanalytical

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Association, Division 39 of the American Psychological Association, the American Psychoanalytic Association, the International Association for Relational Psychoanalysis & Psychotherapy, the American Association for Psychoanalysis in Clinical Social Work, and five other organizations.

This edited book is a comprehensive presentation of Obsessive Compulsive Disorder (OCD) through a neuropsychological framework and the various empirical researches carried out in this domain. The book evaluates whether the information from different research perspectives can form a strong basis for improving the available treatment options for OCD as well as devising newer and better therapy strategies. It thoroughly discusses the various neuropsychological assessment tools that can be used to study the

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different dimensions of OCD in terms of symptom severity, beliefs, personality and cognition, including executive functions. The book provides guidelines to enhance the skills necessary for developing clinical acumen. The distorted beliefs and functioning, familial factors and scope for inheriting the disorder and obsessive – compulsive spectrum are also described in detail. The book concludes with a discussion of obsessive – compulsive personality traits to help readers arrive at a holistic understanding of OCD, combining neuropsychological and psychoanalytical lenses.

This manual presents a carefully researched, detailed psychodynamic treatment program for the alleviation of a transdiagnostic range of primary Axis I anxiety disorders, including panic disorder, generalized anxiety disorder, social anxiety disorder,

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post-traumatic stress disorder, and related psychological problems. First exploring the principles of psychodynamic theory and formulation, the authors then present a three-phased process of Panic Focused Psychodynamic Psychotherapy-Extended Range (PFPP-XR): initial evaluation, interpretation of central conflicts and defense mechanisms, and termination. Each phase is discussed in depth and relies on central case illustrations to demonstrate techniques and results. A subsequent chapter explores how to address complex issues that may arise during the course of treatment. Altogether, this manual not only provides a demonstrated, adaptable approach for anxiety disorders, but also clearly embodies a spirit of research and empiricism heretofore rare in psychodynamic psychotherapies, with an eye toward future development.

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Over the past two decades, the use of medication combined with psychotherapy or psychoanalysis has shifted from an infrequent occurrence to common practice. Concurrently, attitudes toward medication have changed from viewing this intervention as disruptive or as a last resort to a welcome aid in the psychotherapeutic or psychoanalytic process. However, this relatively rapid change has created difficulty in the integration of medication use into the psychotherapeutic setting. Psychotherapy and Medication is an exceptionally valuable and timely volume that provides psychoanalysts, psychotherapists, and other mental health professionals with information on how to work with medication theoretically, clinically, and technically in the context of a psychotherapeutic or psychoanalytic treatment. Important areas of

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discussion include evidence that a change in the use of medication has taken place, an examination of the factors that have led to this shift, as well as a review of the issues and questions about combining treatments. Psychotherapy and Medication also serves as a framework in how to best answer the many questions that have arisen as the willingness of analysts to use medication increases. Such significant questions include: How should analysts introduce patients to medication? What are the clinical advantages of combined treatment? What is the impact of medication discussions and prescribing on the analyst ' s role and how is this best handled?

Traditionally, psychoanalytically oriented clinicians have eschewed a direct focus on symptoms, viewing it as superficial turning away from underlying psychopathology. But this assumption is an artifact

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of a dated classical approach; it should be reexamined in the light of contemporary relational thinking. So argues Mary Connors in Symptom-Focused Dynamic Psychotherapy, an integrative project that describes cognitive-behavioral techniques that have been demonstrated to be empirically effective and may be productively assimilated into dynamic psychotherapy. What is the warrant for symptom-focused interventions in psychodynamic treatment? Connors argues that the deleterious impact of symptoms on the patient's physical and emotional well being often impedes psychodynamic engagement. Symptoms associated with addictive disorders, eating disorders, OCD, and posttraumatic stress receive special attention. With patients suffering from these and other symptoms, Connors finds, specific cognitive-behavior techniques may relieve symptomatic distress and facilitate a psychodynamic

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treatment process, with its attentiveness to the therapeutic relationship and the analysis of transference-countertransference. Connors' model of integrative psychotherapy, which makes cognitive-behavioral techniques responsive to a comprehensive understanding of symptom etiology, offers a balanced perspective that attends to the relational embeddedness of symptoms without skirting the therapeutic obligation to alleviate symptomatic distress. In fact, Connors shows, active techniques of symptom management are frequently facilitative of treatment goals formulated in terms of relational psychoanalysis, self psychology, intersubjectivity theory, and attachment research. A discerning effort to enrich psychodynamic treatment without subverting its conceptual ground, Symptom-Focused Dynamic Psychotherapy is a bracing antidote to the timeworn mindset that makes a virtue of symptomatic suffering.

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